

School RSE Teacher Resources 2026

- 'Children First Guidelines
- Circular 0042/2018
- Curriculum Documents, Primary and Secondary
- NCCA Guidelines for teachers of students with General Learning Disabilities
- NCCA Post - Primary Guidelines for teachers of Students with Mild General Learning Difficulties
- Oide Toolkit (PDST)
- 'Relationships and Sexuality Education(RSE) in Primary and Post-Primary Irish Schools', a Research Paper, November 2018
- Autism Spectrum Disorder Relationships and Sexuality, Middletown Centre for Autism
- Relationship and Sexuality Education, a partnership between Home and School DES 1996
- Report on the Expert Advisory Group on RSE 1995
- Stay Safe Programme
- Walk Tall Programme
- Busy Bodies Programme
- Hi5 Alive (Decisions in friendships and relationships, a practical guide - St. John of God Community Services
- 'Special Girls' Business Fay Angelo
- 'Special Boys' Business Heather Anderson
- 'Puberty and Special Girls Fay Angelo
- 'Let's Talk About Body Boundaries, Consent and Respect' Jayneen Sanders
- 'The Girl's Guide to Growing Up' Anita Naik

- 'The Growing Up Guide for Girls' Davida Hartman
- 'The growing Up Book for Boys' Davida Hartman
- 'Sexuality and Relationship Education for Children and Adolescents with Autistic Spectrum Disorder', Davida Hartman
- 'What's Happening to Ellie?' Kate E Reynolds
- Prim Ed Health Books
- 'It's Your Life' Fiona Chambers and Anita Stackpoole
- 'Sex Matters in autism and other developmental disabilities' Journal of Learning Disabilities
- 'Periods' a practical guide Mai Rees, Charlotte Carter and Lindsey Myres
- 'Tom's Flower Power' HSE
- 'The Gestation Period (information and diagrams) Dr. Seline Keating (adapted from the RSE classroom materials)
- 'Social Stories around menstruation, puberty, sexuality'
- 'Intimate Relationships and Sexual Health' Catherine Davies and Melissa Dubie
- 'The Listening School' Patrick Dymond and Jane Gilmore
- 'Yes Project'
- 'Body Right'
- 'Growing , Adolescence, Body Changes and Sex' , Borne
- 'Taking Care of Myself' ,Mary Wrobel
- 'Let's Get Real'
- 'Talking About Sexual Health'
- 'It's My Life'
- 'Healthy Bodies' - Appendix, Vanderbilt Kenny Centre
- 'It's Your Wellbeing' Senior Cycle SPHE, Fiona Chambers, Anne Jones, Anita Stachpoole
- 'My Wellbeing Journey 1', Junior Cycle, Edel O'Brien

Websites

- www.pdst.ie
- www.ncse.ie
- www.webwise.ie
- www.hse.ie
- www.middletownautism.ie
- www.belongto.ie
- www.b4udecide.ie
- shona.ie

- www.middletonautism.ie
- www.belongto.ie
- www.b4udecide.ie
- shona.ie